YOU TEST POSITIVE FOR COVID-19

Students — contact SHAW at 641-269-3230 or email [shaw@grinnell.edu] if you have an exposure.

You Tested Positive
Isolate Day 0
(If sample was taken or day of onset of symptoms.)

Isolate Day 1
Isolate Day 2
Isolate Day 3
Isolate Day 4
Isolate Day 5

Day 0
Return to in-person activities if fever-free for 24 hours and symptoms improving.

If symptoms are not improving or fever persists, continue isolation.

Day 6
Wear a mask in public and around household/residence members.

Wear a mask around household/residence members.

Day 1
Day 2
Day 3
Day 4
Day 5
Day 6
Day 7
Day 8
Day 9
Day 10

YOU ARE EXPOSED*
regardless of your vaccination status

Students — contact SHAW at 641-269-3230 or email [shaw@grinnell.edu] if you have an exposure.

Exposed* to Positive Case
Day 0

Continue Routine Activities Day 1
Continue Routine Activities Day 2
Continue Routine Activities Day 3
Continue Routine Activities Day 4

Day 5

Wear a mask around household/residence members and monitor for symptoms.

Wear a mask in public and around household/residence members.

Isolation separates sick people with a contagious disease from people who are not sick.

People who are in isolation should stay home and stay in a specific “sick room” or area and use a separate bathroom (if available).

* Exposure is when you have had close contact with a person with a confirmed positive test (within 6 feet for 15 minutes or more, cumulative in a 24-hour period without a mask).

PCR TEST
If positive, begin isolation Day 0.
See Test Positive Test Chart.

If negative, continue routine activities.

Detailed protocols for employees uqr.to/1amql
Detailed protocols for students uqr.to/13rpq